



KARLSRUHE
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+++ Press release India Summer Days 2018 +++

India Summer Days: Experience the authentic India up close

Many Indian cultural performances as part of the "Vor-FEST" week / workshop programme on Ayurveda and Yoga

"Discover the authentic India" is the theme of the India Summer Days. The event will take place on the 14th and 15th of July at Günther Klotz Park in Karlsruhe as part of the Vor-FEST week. Admission is free. "The India Summer Days event in Karlsruhe is the ideal way to showcase the intimate cooperation between Baden-Württemberg and Maharashtra, which has been a fruitful exchange culturally, economically and scientifically. In this regard, Karlsruhe has proven itself as a trendsetter through its collaboration with Pune," said Dr. Frank Mentrup, Lord Mayor of Karlsruhe, at the India Summer Days press conference. There will be an Indian bazaar, street food, workshops on yoga, meditation and Ayurveda that are led by Indian doctors and Ayurveda experts, and a live stage with cultural performances. The India Summer Days event will have something for everyone, not just India fans.

Highlights of the two-day stage programme include a performance of the masked "Chhau" dance and an appearance by the cast of "Folks of Bengal", who represent India with their traditional music. The Chhau dance of Purulia, which takes great influence from martial arts, was added to UNESCO's "Representative List of the Intangible Cultural Heritage of Humanity" in 2010. Breath-taking dance performances guarantee a truly magnificent spectacle. Masked dances can be seen on Saturday at 1:40 pm and 5:00 pm, and on Sunday at 1:00 pm and 4:15 pm. No less spectacular will be the performance given by the Folks of Bengal (Saturday 5:00 pm, Sunday 4:45 pm). During the show, the band, led by Debalina Bhowmick, will lead the audience on a journey into the traditional musical current of Bengal, while also celebrating the diversity and richness of Bengali folk culture. At the Indian dance show "A Journey through South India" (Saturday, 7 pm), D4Dance Performing Arts - under the direction of Pavan Prasad and Margret Hafendörfer - will be showcasing a journey through Indian dance culture. The dancers' performances will utilise a number of different styles: Indian Contemporary, Bharatanatyam, Mohiniyattam, Kavadi, Karagattam and many more. A highlight of this second India Summer Days will be on Sunday evening at 7:30 pm, when the fashion show gets underway. The show is under the direction of Brigitta Hegedues and the Revathi Dance Academy, and is guaranteed to be an unmissable occasion - make sure to note it in your diary! Rhythmic dances, Indian dresses, and ethnic & modern fashion



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for men and women (or maybe even an Indian wedding!) are the perfect way to round off the India Summer Days.

In addition to the free stage programme, visitors can also pay a fee to sign up for a workshop programme in advance. Sanjay També, from Santulan Ayurveda GmbH, is also looking forward to the second instalment of the India Summer Days: "This year, we will be bringing even more exciting workshops and doctors along with us to Karlsruhe. These skilled professionals and valuable events will provide all participants with a memorable experience, along with a number of elements and tips that they will be able to incorporate into their daily lives." Sanjay's father - and Ayurveda legend - Balaji També will be travelling to Karlsruhe to help out with the workshops, as will a number of other internationally experienced- and renowned teachers. For those of you who decide to get involved in the event last minute, remaining workshop tickets will still be available for purchase on the festival weekend itself – as long as tickets are still available. All of the workshop programmes are available for online booking at www.indiasummerdays.de. There you will also find plenty of additional information about each individual workshop topic.

Experience the authentic India - right in the heart of Karlsruhe. The event will take place under the auspices of Minister President Winfried Kretschmann.